



# Somers Senior Center April 2026 Newsletter



## Somers Senior Center

19 Battle Street, Somers CT 06071

860-763-4379

**Mon-Thurs 8am-4pm, Fri 8am-12pm**

Maureen Parsell, Director [mparsell@somersct.gov](mailto:mparsell@somersct.gov)

Donna Richardson, Supervisor [drichardson@somersct.gov](mailto:drichardson@somersct.gov)

Pamela Caso, Administrative Asst. [pcaso@somersct.gov](mailto:pcaso@somersct.gov)

Darlene McCray, Program Coordinator [dmcrcay@somersct.gov](mailto:dmcrcay@somersct.gov)

*Dial-a-Ride Drivers*

Gary Hunter, Richard Locatelli, Pat Perry, & Scott Sfredo

## Somers Human Services

619 Main Street, Somers CT 06071

860-265-7551

**Mon-Wed 8am-5pm, Thurs 8am-6:30pm**

Matthew Cox, Human Services Director

[MCox@somersct.gov](mailto:MCox@somersct.gov)

Arianna Flagg, Prevention Coordinator

[AFlagg@somersct.gov](mailto:AFlagg@somersct.gov)

Annette Ramsdell, Social & Sr. Services Specialist

[Aramsdel@somersct.gov](mailto:Aramsdel@somersct.gov)

Jen Griger, Youth Services Coordinator

[Jgriger@somersct.gov](mailto:Jgriger@somersct.gov)



*The Town of Somers Senior Center and activities offered are open to all individuals ages 55+. Registration is **FREE** and all 55+ are welcome! It is our goal to create a warm and welcoming environment where members can take part in recreational, educational and social activities. Please note, Senior Center staff cannot physically assist or act in the capacity of an aide to members who are unable to ambulate independently. If you find that you are experiencing difficulty ambulating independently and require extra assistance via a friend, family member or aide, the Somers Senior Center encourages you to bring your companion with you when you attend activities and events so that you may continue to enjoy all that the Senior Center has to offer. Interested in becoming a member? Fill out our **Membership Registration Form** and become a member today!*

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### CLOSINGS & CANCELLATIONS

**We will be closed on Friday April 3rd in observance of Good Friday. Also, there will be no TAP LESSONS or BALANCE FITNESS the week of 4/13.**



# Somers Human Services

## Champ's Place Food Pantry

Somers Congregational Church, 599 Main Street; 860-763-4021  
Open Mondays from 10am to NOON and from 6pm to 7pm.



## Mobile Food Truck

Connecticut Food Share brings fresh foods to Champ's Place!

Wednesday, April 8<sup>th</sup> & 22<sup>nd</sup> from 1:00pm to 1:30pm.

**HINT:** Bring a small cart, laundry basket, sturdy box or shopping bags to easily carry items home with you.

**Call Annette Ramsdell in Human Services at 860-265-7551 x1 to make an appointment for any services noted below:**

**Renters Rebate** - Renters' Rebate opens April 1st! The 2026 Connecticut Renters Rebate program offers refunds to elderly (65+) or disabled renters who lived in CT for 2025. Applications run April 1st through September 30<sup>th</sup>, based on 2025 rent/utility payments.

**Eversource Discounted Energy** - 5% to 50% discounts may be available to you, depending on income & family size.

**Application Assistance** - Available for SNAP, Medicaid and Financial Assistance.

**CHOICES Counseling** - Available for Medicare.

**Meals-on-Wheels** - Available for homebound seniors who are 65 or older.

**Financial Coaching and Budget Assistance** - Let us help you untangle your bills and organize to help meet your needs and financial goals. Schedule a confidential, one-on-one appointment with a financial coach.

**PLEASE NOTE:** You must save important documents listed below to apply for various benefit programs:

- SSA-1099 (has SSN in upper right corner)
- Social Security benefit verification letter for those who receive disability benefits
- 1099s for pensions, IRAs, and self-employment
- Eversource bill
- Rental statement for prior year (if you rent)
- High Grade gas (Woodcrest residents only)





# Senior Center Updates



## **PROGRAMS/EVENTS/TRIPS:**

Participants must sign up for all scheduled programs, trips, and events. If one cannot attend a particular program or event after having signed up, a phone call to the center to indicate cancellation is required. If you are unable to attend a trip for which you have signed up, you must notify the senior center as soon as possible. Payments for trips are typically non-refundable unless travel insurance has been purchased or a substitute can be found. Payments will be reimbursed only if the trip is cancelled. Programs/events/trips may have a deadline to sign-up. Due to space constraints, sign-up for Somers residents may begin earlier than sign-up for non-residents. Participants are advised to pay close attention to sign-up start dates, deadlines, and payment details for each individual program/event/trip.

**NEW - CHAIR MASSAGE WITH CASEY EVANS-Wednesday, April 22<sup>nd</sup>** by appointment only. Cost is \$15 for 15 minutes paid at time of sign up.

**NEW - YouTube Fitness w/Jules- Mondays, 1:00pm at Senior Center \*\*FREE\*\*** Low impact, seated cardio workout with music helps to improve heart health, boost energy, and burn calories without stress on your joints. This will also improve posture and flexibility and it's a great way to improve fitness. Go at your own pace to make the workout your own.

## **WHAT'S GOING ON IN SOMERS?**

Stay up-to-date and follow the Town's news, updates, and live meetings! Want to know when each Department meets and what they are working on? Be sure to follow the **Town's Meeting Schedule**. All Board of Selectmen, Board of Finance, Zoning Commission and Zoning Board of Appeals meetings are held LIVE each month and can be watched on the Town's **You Tube Channel**. The Board of Education meetings are also held LIVE on their own **You Tube Channel**. If you can't watch the meetings live, you can always watch them when you have the time. If you don't have a computer, come on in to the Senior Center & watch here!

## **Everbridge ~ Town of Somers Alert System**

**Notification Program Overview...** The Town of Somers launched a mass notification service that allows us to alert you. You opt-in to enter your contact information and subscribe to notifications you care about.

**The information you provide is protected and will not be used for any other purpose.**

**How It Works...** When we issue a notification about a potential safety hazard or concern, you will receive a message on the voice or text communication methods that you have registered. If requested for the notification, you can confirm that you have received the message and you will not be contacted by any subsequent methods regarding that particular notification. If you do not confirm, the system will continue to attempt to reach you at all of the contact paths that you have registered.

**Sign up for Notifications...** Create an account & add your contact information into the Mass Notification system. You can stop receiving at any time by removing your contact information from your profile.

**Let us know if you need assistance signing up! We'd be happy to help you!**

**SCAN ME**





## Health & Wellness Classes

**Qigong- Mondays, 9-9:45am Indoors at the Senior Center **\*\*FREE\*\***** Join us as we explore different YouTube videos that provide a simple approach of learning the benefits of Qigong.

**Walking Group- Mondays, 10-11:00am** Meet at the Senior Center at 10:00am for a fun walk to get the day started!

**NEW**

**YouTube Fitness w/Jules- Mondays, 1:00pm at Sr.Center**\*\*FREE\*\***** Low impact, seated cardio workout to improve heart health, boost energy, and burn calories without stress on the joints.

**Chair Aerobics- Tuesdays and Fridays, 10-11:00am at the Senior Center **\*\*FREE\*\***** A classic DVD chair fitness program. All levels are welcome!

**Tap Dancing Lessons- Tuesdays, 11am-12pm Kibbe Fuller Gym **\*\*FREE\*\***** Do you love to tap dance or want to learn how? Dance instructor, Laurie Nash, will hold this fun class! Some tap shoes are available for use!

**Balance Fitness Fun with Angela: Wednesdays, 10:00am at Kibbe Fuller Gym - \$4 per class. Sign up anytime & payment can be made at the Senior Center. You may pay weekly or you can pay for the month.** Warm up with stretches, learn standing balance exercises & seated strength exercises while playing great music from across several genres.

**Stretching w/ Keely-Thursdays, 10:00am Kibbe Fuller Gym - \$4 per class. Sign up anytime & payment can be made at the Senior Center. You may pay weekly or you can pay for the month.** Dim the lights & listen to meditation music as you learn basic yoga type stretch moves while sitting or standing.

**Pickleball- Tuesdays & Fridays, 9-11:00am **\*\*FREE\*\*** Weather permitting. Tennis courts at Field Road Park.** Four courts and paddles provided. New & experienced players welcome. **Must register with the Senior Center and complete a Waiver Agreement if you wish to play.**



## Games, Groups & Activities

**Art Group- Mondays, 10-11:30am **\*\*FREE\*\***** All mediums welcome. Bring your own ideas and supplies.

**Scrabble- Mondays, 11:00am, Will teach!** Bring a friend and enjoy exercising your brain!

**SKYJO- Mondays, 1-3:00pm, Will teach!** Even if you are a beginner or seasoned player, please join us for this new card game that is easy to learn and fun to play!

**Coffee Talk- Tuesdays & Fridays, 9-10:00am** Join your friends & make new ones for fresh coffee, tea and light snacks.  
*(Donations welcome for supplies)*

**Rummikub- Tuesdays, 11-1:00pm, Will teach!** Rummikub is easy to learn & fast moving. The "board" changes all the time as players adjust the tiles on the table. Sign up, space is limited!

**NEW**

**Veterans Coffee Talk- 1<sup>st</sup> & 3<sup>rd</sup> Wednesday of month, 9-10:30am** Join fellow Vets from any branch of service for coffee & light breakfast items in a casual & unstructured setting.



**Dominoes- Wednesdays, 1-3:00pm, Will teach!** Please come and learn the game.

**Cornhole & Coffee - Thursdays, 9-10:30am Will teach!** Come play cornhole and enjoy a little friendly competition with friends! It's an easy game to play, regardless of your gaming experience. **Played outdoors only - weather permitting.**

**NEW! UPDATE**

**Bingo- Thursdays, 12-3:00pm, Will teach!** Free coffee/tea. Bring your lunch and enjoy an afternoon of Bingo!

**Bridge- Thursdays, 5:30pm, Will teach!** Enjoy an evening of Bridge playing!





# Special Programs & Events



## SMART PHONE CRASH COURSE

Wednesday, April 1st  
3:00pm-4:00pm



Are you looking to learn how to use the basic functions of your smart phone? Join our volunteers Monica, Olivia, & Shane as they help with some basic training! This class is conducted as a group and is limited! **You must sign up by calling the Senior Center at 860-763-4379.**

## FRIENDSHIP TOURS

Tuesday, April 7th  
12:30pm

Eve from Friendship Tours will be by to talk about all the trips being offered for 2026



FRIENDSHIP TOURS  
THE SHIP SHOP



## QPR TRAINING

Monday, April 13<sup>th</sup> 1:00pm

Arianna and Jen from Somers Human Services will be offering QPR Training (Question, Persuade, Refer). This is an evidence-based, 1-2 hour emergency mental health gatekeeper training designed to teach anyone how to recognize suicide warning signs and intervene. Similar to CPR, it provides actionable skills—asking about suicide, persuading someone to seek help, and referring them to professional care.



## Fascinator Hat Craft

with Mary-Ellen  
Monday, April 20th  
11:00am \$8pp



Make your very own hat fascinator! You can wear them to a future Kentucky Derby, Tea Time & Mother's Day Events!!



## CHAIR MESSAGES BY CASEY

Wednesday, April 22nd  
(9:00am - Noon/By Appt only)  
\$15 for 15 minutes  
Paid at time of sign up



Take time for yourself and come enjoy a relaxing chair massage with a licensed and insured massage therapist Casey Evans.

## SMART DRIVER™ COURSE



Wednesday, April 22nd  
9:00am - 1:00pm



When you take the AARP Smart Driver course, you could be eligible for a multi-year discount on your auto insurance. \* Plus this course teaches proven driving techniques to help keep you and your loved ones safe on the road.

**\$20 for AARP members**  
**\$25 for non-AARP members**

## SOMERS ELDERLY & DISABLED TAX RELIEF PROGRAM

Lunch & Learn  
Tuesday, April 14th  
11:30am



Join us for this lunch & learn with Town Assessor, Karen Neal & CFO, Brian Wissinger.

They will discuss important updates on changes to the Town of Somers elderly and disabled tax relief program and how these changes may affect you or your friends.

They will cover the program's structure, modernized changes, new income brackets and benefits, and the timeframe to apply.

## COOKIE DECORATING CLASS



Wednesday, April 29th  
11:00am - 1:00pm/ \$10/pp



Join us for some cookie decorating fun as Cathy from C'Sweets show us how to decorate cookies (similar to shown) just in time for the Kentucky Derby!





## Personal Care

### **FOOTCARE SERVICES** *Dates Available:*

The Senior Center provides footcare services every month! Please call the Senior Center to make your appointment.



*April 15th*  
*April 16th*  
*May 20th*

### **SPA SERVICES**

The Senior Center offers spa services by **MA Licensed Tech Diane Neill**. **First Wednesday of the month. Call the Senior Center to book your appointment.**

Signature Facial.....\$38  
Microdermabrasion Facial.....\$48  
LED Light Therapy.....\$15  
Waxing Services:  
(brow, lip, chin etc.).....\$7 - \$18

**Cash or Check only**

## 1 on 1 Tech Support



Local Somers High School junior, Drew Emlen, will be volunteering at the Senior Center by offering ***one-on-one appointments on Tuesday afternoons from 2:30pm-4:00pm*** for simple tech support with cell phones, laptops and/or tablets. Please call the Senior Center at (860)763-4379 to make an appointment!

## Donate to Champs Place



What better way to help out our local food pantry, Champs Place, located at the Somers Congregational Church by donating items for those in need.

Nonperishable items specifically: Body Wash, Soap, Razors, Deodorant, Shampoo, and Kleenex are always needed and most appreciated.

Drop offs can be made at the Somers Senior Center or at Somers Human Services Department.



## With Thanks



We would like to thank the following individuals who have so generously donated to the Somers Senior Center:

Den 9 Pack 83: "Ted, Milo, Jacob, Jojo & Parker"  
Pauline & Wayne Cheveriea, Gloria Coles, Eileen Fedorowich



**In Memory of Tina Toohey**  
Ann Levesque, Nancy O'Konis



**In Memory of "Tootsie" Badura**

Jennifer Pilton, Nancy Marcinowski, Nancy O'Konis  
Peter Paterwic, Thomas & Joyce Nagin, Phyllis Gwilliam, Charles Jenkins, Michael Cavanaugh, Nancy Charboneau, Fran Kita, Ingeborg Wehner, Pat Bachetti





# Meals & Events

## Home Helpers®

**Tuesday, April 7th**  
**12:00pm**

**Spots fill quickly,  
signup by 4/1**

Stay after for a  
Friendship Tours  
Presentation



## BIRTHDAY LUNCH

**Tuesday, April**  
**28th**  
**12:00pm**



## LUNCH & LEARN

**Tuesday, April 14th**  
**11:30am**



## LUNCH BUNCH

**Yarde Tavern**  
**Wed, April 29th**  
**11:30am**  
**\$5pp for**  
**transportation only**

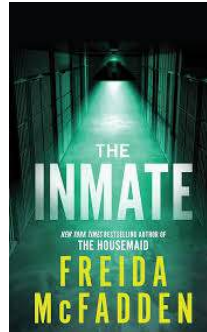


# "Hooked on Books" Book Club



Book Club with Somers Librarian  
Coordinator, Allison Rief  
**Thursday, April 16th 3:00pm**

## "The Inmate" by Freida McFadden



A psychological thriller about a nurse practitioner, Brooke Sullivan, who takes a job at a maximum-security prison, only to discover that one of the inmates, Shane Nelson, is her high school sweetheart and the man who tried to kill her years ago, forcing her to confront her past while navigating the prison's strict rules and a dangerous connection. The book is

known for its unexpected twists and explores themes of guilt and secrets, alternating between the present and the night of the attack.

**Please call 860-763-4379 to pick up a book and join this great group if you love reading!**



# Help Hotlines

## CT INFO LINE - Dial 211

Vital Resource to find available community services

## CHOICES - 1-800-994-9422

Assistance with Medicare, Medigap and Medicare Part-D applications

## CONSUMER LAW PROJECT FOR ELDERS - 1-800-296-1467

Free Legal Assistance for Seniors with consumer problems

## ELDER JUSTICE HOTLINE - 1-860-808-5555

Elder justice issues can range from age-based discrimination in the workplace to scams and fraud, elder abuse, neglect & exploitation. If you have been the victim of any of these, please call! They are there to help!

# Movie Time



## "Soul on Fire"

**Wednesday, April 1st**  
**11:00am - 1:00pm**  
**1 hr 52 mins / PG**



A faith-based biographical drama about John O'Leary, who survived a 1987 childhood accident that left him with 100% body burns at age 9. The film depicts his harrowing recovery, focusing on themes of resilience, faith, and the "heroes" who helped him overcome a <1% survival chance to become an inspirational speaker. Starring Joel Courtney, John Corbit, William H. Macy.





## Somers Senior Citizen's Club Luncheon



**Wednesday, April 15th @ 11:45am**

### Spring Fling Picnic!

Roast Turkey and Cheese Grinder, chips, coleslaw, and bakery cookies.  
Ray Guillemette, Jr. will welcome Spring with his energetic King and Country Show including great songs from a variety of country artists and the King of Rock & Roll, Elvis Presley.



**\*\*ORDER IN ADVANCE REQUIRED\*\***



**Call Dan Fraro at (860) 749-7108 to order**  
**Must order by noon the Monday prior to lunch.**  
***\$5 payable at the door***



# Somers Public Library



**\*\*Please be advised that the Somers Public Library will only have one movie for the month of April\*\***



**Hamnet**  
**April 17th**



### Friends of the Library Book Sale

**April 10th, 11th, & 12th**

**Preview: Friday, April 10th from 4:00-7:00 pm**  
(\$10.00 fee/free for Friend's members)

**Free Day: Saturday, April 11th from 9:00-2:00pm**  
(Educator/Teacher Discount - Get one free for every 10 purchased of equal or lesser value with K-12 ID)

**Free Day: Sunday, April 12th from 10:00-2:00 pm**  
(half-price all day & "Stuff a Bag"\*)  
\*Special guidelines apply

### Care Cafe'

**The first Tuesday of every month**  
**10:00am Library Conference Room**

We welcome those living with dementia and their care partners for beverages, conversation and support.

Join Karla Vince & Nicole Madson from Visiting Nurse and Health Services of CT.

**NO REGISTRATION NEEDED**



**Somers Public Library**



2 Vision Blvd  
Somers, Connecticut 06071 | 860





# *Trips and Tours*



**“MoTown Meets Doo-Wop” Tuesday, April 21st 11:00am-4:00pm** The Log Cabin, Holyoke MA **\$104pp**/includes transportation & lunch limited seating, sign up by March 6th. Come and enjoy MoTown classics while dining on a family style lunch.

**“Joshua” Tuesday, June 3rd-5<sup>th</sup>** The Sight & Sound Theatre, Lancaster, PA **\$709pp/double occupancy** includes transportation, performance, dinner with an Amish family, Amish countryside tour and Seltzer’s Smokehouse tour.

**“Essex Steam Train & Riverboat” Thursday, June 11th 9:00am-5:00pm** Essex, CT **\$176pp**/includes transportation & lunch. Enjoy a 3-course lunch aboard a restored 1920’s Pullman Diner as part of a 3 ¾hr lunch, train and riverboat excursion.

**“The Turkey Train, Winnepesaukee Railroad” Tuesday, October 13th \$192/pp** Enjoy a nostalgic train ride along the shores of Lake Winnepesaukee in New Hampshire. Enjoy Hart’s Turkey farm dinner on board the train and then visit Mills Falls Marketplace!

**“Fireplace Feast at Salem Cross Inn” Thursday, December 10th \$166/pp** Enjoy a full day of winter in New England. Tour the historic 18<sup>th</sup> century farmhouse, welcome cider reception , horse drawn wagon or sleigh ride and enjoy a delicious prime rib lunch (vegetarian lunch available as well).



## *Somers Town-Wide Tag Sale*



The Town of Somers will be holding their bi-annual town-wide tag sale **Saturday, May 2<sup>nd</sup>** rain or shine. You may obtain an application here at the Somers Senior Center. A complete list of the tag sales will be made available soon. Should you have any questions, please contact the Town Clerk’s office at (860)763-8207(8206) or by email: **dmarti@somersct.gov**.





The Somers Senior Center would like  
to acknowledge our members with  
April Birthdays!



**April 1st:**

Patricia J.  
Kevin B.  
Robert D.  
Daniel C.  
Larry C.

**April 3rd:**

Bud K.  
Elaine D.  
MaryAnn Z.  
Sofia Van H.  
Barbara S.

**April 4th:**

Gary E.  
Eileen K.  
George C.  
Bonnie H.  
Geri St. M.  
Donna H.  
Mark R.

**April 5th:**

Joyce M.  
Mary S.  
Rebecca R.  
Carol G.

**April 6th:**

Sylvia K.  
Donna L.  
Joann T.

**April 7th:**

Sharon A.  
Aileen M.

**April 8th:**

Daniel C.  
David C.

**April 9th:**

Barbara F.  
Mary E.  
Joyce B.

**April 10th:**

William H.  
Rick C.

**April 11th:**

Ken L.  
Harold T.  
Dale F.

**April 12th:**

Edward S.  
Theresa L.  
James R.  
Norris W.  
Susan W.  
Nancy M.  
Martha P.  
Eugene A.  
Joseph K.  
David G.

**April 13th:**

John G.  
Rosemarie Z.

**April 14th:**

Violet S.  
Christine Z.

**April 15th:**

Ann H.  
Robert P.  
David M.  
Dennis G.  
Anne Marie S.

**April 16th:**

Joan S.  
Pat S.  
Douglas S.

**April 17th:**

Barbara P.  
Jeff K.

**April 18th:**

Frank S.  
Peter O.  
Gloria L-W.  
Cheryl D.

**April 19th:**

Phillip E.  
Karen C.  
Mary McG.

**April 20th:**

Jennifer P.  
Kathleen V.

**April 21st:**

Lorna H.  
Marianne C.  
Suzanne C.  
Anthony G.  
Kathleen L.  
Margaret M.  
Maria S.

**April 22nd:**

Helene O.  
Margaret L.

**April 23rd:**

**April 24th:**

Araina H.  
Jeannette R.  
Jill B.

**April 25th:**

Robert W.  
Thomas C.  
Joel S.  
Janet D.  
Catherine E.

**April 26th:**

Carolyn R.  
Kathleen M.  
Debbie P.  
Louise A.

**April 27th:**

Rose P.  
David S.  
Glen B.  
Jackie C.  
Annemarie L.

**April 28th:**

Mary Ann K.  
Melvin J.  
Elaine M.  
Denise DeM.  
Maria R.

**April 29th:**

Margret R.  
Alan R.  
Alexandra P.  
Daniel B.

**April 30th:**

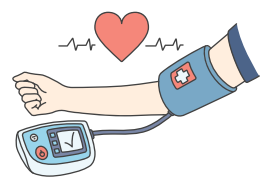
Guyline M.  
Lisa V.

Happy Birthday!



Blood Pressure Check

Don't forget that Ann Maggio, RN will be here on **Tuesday, April 28th 11:30am- 12:30pm** to perform blood pressure checks!



Birthday Celebration




Our Birthday Celebration will be held on **Tuesday, April 28th at 12:00pm**. Dessert will be served following the Parkway luncheon to honor all of **April Birthdays!**





# April 2020

1. WEDNESDAY	2. THURSDAY	3. FRIDAY	CLOSED
<b>SPA SERVICES (by Appt.)</b> 9:00 Veteran's Coffee 10:00 Balance Fitness Fun @Kibbe \$4 11:00 Movie Time - "Soul on Fire" 1:00 Dominoes 3:00 Smart Phone Crash Course 	9:00 Cornhole & Coffee (Outside Only) 10:00 Stretching with Keely at Kibbe \$4  12:00 Bingo 5:30 Bridge		
<b>8. WEDNESDAY</b> <b>AARP TAXES (By Appt.)</b> 10:00 Balance Fitness Fun @Kibbe \$4  1:00 Dominoes	<b>9. THURSDAY</b> 9:00 Cornhole & Coffee (Outside Only) 10:00 Stretching with Keely at Kibbe \$4  12:00 Bingo 5:30 Bridge	<b>10. FRIDAY</b> 9:00 Coffee Talk 9:00 Pickleball 10:00 Chair Aerobics 	
<b>15. WEDNESDAY</b> <b>FOOT CARE (By Appt.)</b> <b>No Balance Fitness Fun at Kibbe</b> 9:00 Veteran's Coffee 11:45 Senior Club Lunch  1:00 Dominoes	<b>16. THURSDAY</b> <b>FOOT CARE (By Appt.)</b> 9:00 Cornhole & Coffee (Outside Only) 10:00 Stretching with Keely at Senior Center  12:00 Bingo <b>3:00 Book Club</b> 5:30 Bridge	<b>17. FRIDAY</b> 9:00 Coffee Talk 9:00 Pickleball 10:00 Chair Aerobics	
<b>22. WEDNESDAY</b> <b>CHAIR MESSAGES BY CASEY (By Appt. Only)</b>  <b>8:45 AARP Safe Driver</b> 10:00 Balance Fitness Fun @Kibbe \$4 1:00 Dominoes	<b>23. THURSDAY</b> 9:00 Cornhole & Coffee (Outside Only) 10:00 Stretching with Keely at Kibbe \$4  12:00 Bingo 5:30 Bridge	<b>24. FRIDAY</b> 9:00 Coffee Talk 9:00 Pickleball 10:00 Chair Aerobics	
<b>29. WEDNESDAY</b> 10:00 Balance Fitness Fun @Kibbe \$4 11:00 Cookie Decorating with C'Sweets \$10  11:30 Lunch Bunch Yarde Tavern \$5 transportation only 1:00 Dominoes	<b>30. THURSDAY</b> 9:00 Cornhole & Coffee (Outside Only) 10:00 Stretching with Keely at Kibbe \$4  12:00 Bingo 5:30 Bridge		
<b>6. MONDAY</b> 9:00 QiGong 10:00 Art Group 10:00 Walking Group 11:00 Scrabble 1:00 Skyjo 1:00 YouTube Fitness with Jules 	<b>7. TUESDAY</b> 9:00 Coffee Talk w/Annette Ramsdell 9:00 Pickleball 10:00 Chair Aerobics 11:00 Rummikub 11:00 Tap Lessons at Kibbe Lunch 12:30 Friendship Tours Presentation 		
<b>13. MONDAY</b> 9:00 QiGong 10:00 Art Group 10:00 Walking Group 11:00 Scrabble <b>11:00 QPR Training</b>  1:00 Skyjo 1:00 YouTube Fitness w/Jules	<b>14. TUESDAY</b> <b>No Tap Lessons at Kibbe</b> 9:00 Coffee Talk 9:00 Pickleball 10:00 Chair Aerobics 11:00 Rummikub <b>11:30 Somers Tax Relief Lunch &amp; Learn</b>  1:00 Senior Advisory		
<b>20. MONDAY</b> 9:00 QiGong 10:00 Art Group 10:00 Walking Group 11:00 Scrabble <b>11:00 Hat Fascinator Class - \$8</b>  1:00 Skyjo 1:00 YouTube Fitness w/ Jules	<b>21. TUESDAY</b> 9:00 Coffee Talk w/Annette Ramsdell 9:00 Pickleball 10:00 Chair Aerobics <b>10:30 Lunch Bunch - "Motown Meets Doo-Wop" - \$104</b> 11:00 Rummikub 11:00 Tap Lessons at Kibbe 		
<b>27. MONDAY</b> 9:00 QiGong 10:00 Art Group 10:00 Walking Group 11:00 Scrabble 1:00 Skyjo 1:00 YouTube Fitness w/ Jules 	<b>28. TUESDAY</b> 9:00 Coffee Talk 9:00 Pickleball 10:00 Chair Aerobics 11:00 Rummikub 11:00 Tap Lessons at Kibbe <b>11:30 BP Screening</b> <b>12:00 Parkway Birthday Lunch</b> 		



# Piedmont Photography Show



The Annual Piedmont Photography Show is coming soon! Sponsored by the Somers Cultural Commission, this show features amateur and professional photographers exhibiting works in black & white, full color & altered images. All works are juried for prizes with the top prize being \$500! Entry forms are available at the Somers Senior Center, Facebook, Somers Cultural Commission, and Piedmont Hall. Photo entries must be matted or framed and wired and hand delivered to Piedmont Hall, 604 Main Street on April 17th & 18th 10:00-12:00pm.

The fee is \$20 for first entry and \$15 for each additional (non-refundable). An opening reception will be held on Sunday, May 3rd from 1:00-3:00pm with awards given at 1:30pm so please join us!



## Rotary Club Easter Egg Hunt

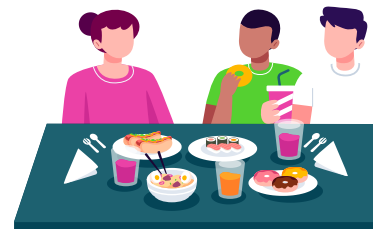
The Rotary Club of Somers will be holding its annual Easter Egg Hunt on Saturday, March 28th at 10:00am at Field Road Park. We get a large turnout of parents but it might be an opportunity for grandparents to strengthen family bonds and enjoy the fun! The children all have a great time from ages 1 to 10, with plenty of eggs to hunt, some with prizes attached.

**Easter Bunny will be there for photos!**



## SOMERS CONGREGATIONAL CHURCH COMMUNITY SUPPER Wednesday, April 8th 5:30pm

The Somers Congregational Church monthly suppers will begin April 8th through October. This is a free event, but donations are graciously accepted. Please call the Congregational Church at (860)763-4021 or stop in to sign up (walk-ins are welcome!)





# Somers Senior Center Registration Form - April 2026 Classes, Events & Trips



Program Name	Date	Fee (if applicable)
		\$
		\$
		\$
		\$
		\$
		\$
		\$
We accept cash, credit cards and checks payable to Town of Somers	<b>TOTAL DUE:</b>	\$

**REGISTRATION FOR ALL EVENTS (unless noted) BEGINS ON:**  
**March 23rd FOR SOMERS RESIDENTS AND March 30<sup>th</sup> FOR NON-RESIDENTS.**  
**FORMS WILL NOT BE ACCEPTED PRIOR TO THIS DATE.**

***A REGISTRATION FORM MUST BE SUBMITTED FOR ALL EVENTS THAT YOU WISH TO ATTEND.***

**Somers Recreation & Leisure Services Participant Waiver**

*I hereby agree to release, discharge and hold harmless the Town of Somers, Somers Recreation & Leisure Services Department and the Somers BOE, its directors, employees, agents, contractors and/or volunteers from any and all liability that may occur during my participation in Somers Recreation & Leisure Services activities. I understand that participation in any recreational activity involves risk and I grant permission to the Town of Somers to utilize any medical emergency services it deems necessary to treat any injuries that I may incur. I further understand that the Town does not provide insurance for recreational program participants.*

**Somers Recreation & Leisure Services Photo Release**

*Participants in Somers Recreation & Leisure Services programs acknowledge that photographs may be taken during activities within our programs. By participating in our programs, you allow reproductions of these photographic materials to be used in promotional activities including but not limited to brochures, email campaigns, social media and more exclusively by the Somers Recreation & Leisure Services.*

- I have read and am in compliance with the photo policy stated above.*
- I have read and am **NOT** in compliance with the photo policy stated above.*

**Print Name:** \_\_\_\_\_ **TOWN:** \_\_\_\_\_  
**Signature:** \_\_\_\_\_  
**Date:** \_\_\_\_\_



